

This booklet will tell you about me!

It is to help you know about me, so that we can communicate more easily.

Hello, my name is:

My birthday is on:



This is me:

Completed by:

Date completed:

Date to be reviewed:

Getting to know me!



My favourite toys, games, activities and interests are:

These are some of the things that fascinate me or I can't resist:

I have a condition/s called:



I take medication Yes/No

This is what I take:

I am this tall and weigh this much:

I
This is how I get on with other children and adults:

These are some things that I really don't like:

Let me tell you how well I can see: (e.g. I can see lights, colours, objects, pictures, symbols or words)



Let me tell you how well I can hear: (e.g. I can hear sounds, recognise and understand; single words, simple sentences, more complex conversation, wear hearing aids)

I use the following communication aid:

I like to use signs, pictures or objects to communicate:

I use these sounds that stand for words: (e.g. By for Bike)

These are the words I know:

I find it easier to understand you if...

You approach me like this:

You speak to me like this:

These things make it difficult for me to listen to you:

This is how I tell you how I feel:



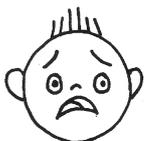
This how I tell you I'm happy:

Some things that make me happy are:



This is how I tell you I'm upset or cross:

When I get cross or upset it is helpful if you:



This is how I tell you I'm frightened or anxious:

Consent

I am happy to share this information with Kesteven Rideability instructors and volunteers



YES or NO
(please circle)