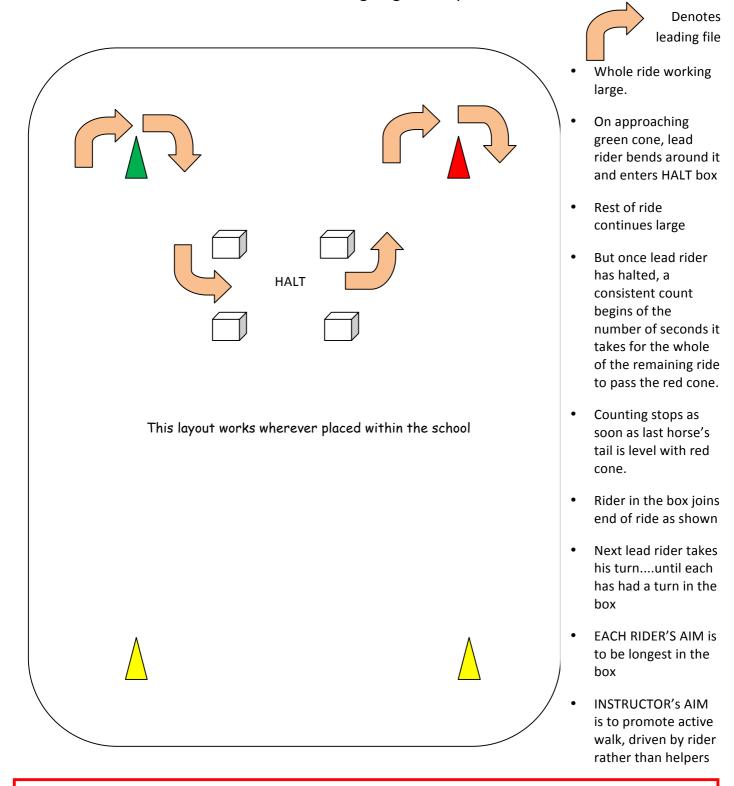
Great game as <u>part</u> of lesson for getting riders to promote an active walk. And even those who hate to stand still seem to be OK in the box, since their attention is on how fast the others are going! Simple but effective.



Don't forget colour-blind riders - in which case the red Finish cone might have a flag or a rubber ring to mark it out.

Get your helper to reverse the red and green cone positions for the same exercise on the other rein. Usually once on each rein is enough

Benefits: Works because active walk has a purpose. Whole ride work together as a team versus the one in the box, who never "loses" because his role is passive

Possible negatives - cheating on how fast they count - but all counting in unison solves this